

GEMS SESSIONS YEAR 3

Kindergarten Lesson (ages 5-6) – “Duck, Duck, Goose”

Snack: Younger girls eat a snack and visit with Year 3 GEMS girls.

Welcome:

Moderator welcomes the girls and asks them what they know about GEMS. Show applicable portions of the Mentoring PowerPoint (on CD). Next, have the Year 3 girls briefly explain GEMS and how it has made a difference in their peer interactions

Introduction:

The GEMS girls ask the younger girls to recall a time when they felt left out of a game. Then they ask the following questions inviting the younger girls to share their responses with the group. Make sure all of the younger girls' responses are accepted as they may not know the terms.

- 1.) How did you feel?
- 2.) What do you think a bully is?
- 3.) What do you think a bystander is?
- 4.) What do you think is a target is?

Activity 1 – The GEMS girls assemble into a large circle and begin playing, Duck, Duck, Goose. They appear to be having a really good time. One of the GEMS girls, Monique, stands off to the side looking longingly to join in the fun. She timidly asks if she can play. Two of the GEMS girls laugh loudly and say, “No!” Two girls give reasons that are age-appropriate such as, “You smell!” or “You have cooties!” and so on. The other girls ignore her, but do not join in with the name-calling. They quickly go back to their game. Monique stands there sadly for a moment and then quietly walks away to a corner where she cries softly. The group of GEMS girls ignores her.

The scene freezes and another GEMS girl steps forward to ask the younger girls the following questions.

- 1.) What just happened? Describe what you saw.
- 2.) Who was mean to Monique?

If the younger girls respond that it was the girls who told Monique she couldn't play, the GEMS girl guides them to realize that it wasn't just the girls who spoke up, but also the other girls who did not speak up for Monique. They all excluded her.

- 3.) How do you think the girls who excluded Monique are feeling?

The GEMS girl asks the younger girls to recall how these girls looked when they were excluding Monique and said mean things to her. She points out that these girls were acting like *bullies* and reminds the younger girls' of their earlier definitions of a bully.

- 4.) How do you think the other girls who said nothing are feeling?